

**Lisa Malek, LCSW-R**  
590 Titus Avenue, Rochester New York 14617  
lisamaleklesw@gmail.com  
585-732-8829ph 585-242-7881 fax

**AUTHORIZATION TO RELEASE/EXCHANGE CONFIDENTIAL INFORMATION**

I \_\_\_\_\_ authorize Lisa Malek, LCSW-R to:

release to:

obtain from:

exchange with:

Excellus Blue Cross BlueShield  
P.O. Box 21146  
Eagan, MN 55121  
1-800-499-1275

the following information pertaining to myself or my child:

treatment summary

history/intake

diagnosis

psychological test results

psychiatric evaluation/medication history

dates of treatment attendance

education

other (specify) Insurance/Billing purpose

for the purpose of:

evaluation/assessment and/or coordinating treatment efforts

other (specify) \_\_\_\_\_

This consent will automatically expire one (1) year after the date of my signature as it appears below, or on the following earlier date, condition, or event \_\_\_\_\_  
\_\_\_\_\_. (See back for authorization extension).

I understand I have the right to refuse to sign this form, and that I may revoke my consent at any time (except to the extent that the information has already been released).

\_\_\_\_\_  
Signature of Client

\_\_\_\_\_  
Date

Social Security #: \_\_\_\_\_

OR

Date of Birth: \_\_\_\_\_

\_\_\_\_\_  
Signature of Child (over 12 years of age) Date

\_\_\_\_\_  
Signature of Witness

\_\_\_\_\_  
Date